

Langley Hospice News

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20660 48 Avenue, Langley, B.C. V3A 3L6

November 2012



Langley Hospice Society, a community-based, non-profit organization, provides compassionate support to help people live with dignity and hope while coping with grief and the end of life.



5th Annual Children's Grief Camp Camp Chrysalis August 16—19, 2012

As the new Children's Bereavement Coordinator my first job requirement was to organize and run the Langley Hospice Society's annual summer camp, Camp Chrysalis; a daunting first task. After weeks of preparation, off we went to camp: two Langley Hospice staff, one amazing cook, 23 children, 20 volunteers - mostly nursing students from Kwantlen University – and myself. On Thursday, August 16th the fun began and continued until camp closed.



Camp was filled with fun, laughter, tender moments, sharing, bonding, and caring. Highlights of the camp were many - from circle time to water play, from star gazing to hula hoops. One of the big events was an old-fashioned fair which we

kept as a surprise for the children. After dinner they left the campsite to go play games, and when they returned we had turned the campsite into a fairground filled with activities such as bowling, bean bag toss, face painting and a photo booth. Children had passports and moved from station to station. Lots of prizes were won and children loved the evening. After the fair, the worst-dressed competition was held, fueled by great imaginations: bright and colourful costumes which included a bride and bridal party, clowns, a geisha girl, and many others. A fantastic time was had by all!

On the Saturday night there was the annual no-utensil dinner where children earn a utensil by performing in front of all the campers - such great up and coming talent! Saturday wound down with the Lantern Ceremony, organized and directed by the teen girls. They led the procession up a small hill, forming an inner circle of children with adult camp leaders surrounding





the children in an outer circle. One by one the teen girls lead the younger children to place their candles in front of them and say the name and relationship of their person who died. The teen girls then sang a chorus of a song, again taking the lead. They knelt, said what they missed

most about their person who died, and blew out the candle. I was in awe as I watched each child take their turn without prompting and when they were ready to share what they wanted to share. It was very beautiful, emotional and respectfully done. Children said it was a very healing time and as adult leaders we were honoured to be a part of this experience with them.

Camp came to an end on Sunday August 19th with a closing ceremony of a balloon release with children, camp leaders, and parents led by Fernande Ouellette, our Palliative Volunteer Coordinator, Camp



Photographer and Cabin Leader to the preteen girls.

We'd like to send a big thank you to all who so generously donated arts and crafts materials, and to the Second Story Treasures Thrift Store for their contributions of clothing, mason jars and games that helped to make our activities truly memorable.

Twenty-three volunteers contributed over 1,200 hours at Camp Chrysalis. I would like to thank Castine Brekwoldt from Crossroads Hospice Society, Wendy, my right hand, all the nursing students: Kim, Joleen, Leah, Tearah, April, Natalie, Jennifer, Tanya, Manjot and Kathleen. Thank you to Tracy, Maria, and Randi; to the guys for being

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exceptional male role models: Aaron, Connor and Dominic; and to our amazing cooks, Jaclyn, and Robert. Thank you, Barb, Wendy and Janice, our amazing cleanup crew. And finally, a special thanks to Fernande and Denise - I couldn't have done it without you both - and thank you, Sandra, Shivani and Wendy.

Linda Sheridan Children's Program Coordinator

Happenings...

2012 Dignity Memorial Golf Tournament



Langley Hospice was delighted to receive \$3,150.00 from the 2012 Dignity Memorial Golf Tournament. Our sincere thanks go out to Dignity Memorial Service Providers, a n d Henderson's **Funeral**

Home in Langley. The tournament proceeds were divided among hospice societies in the Fraser Valley.

Fraser Valley Orchid Society Festival 2012

The Fraser Valley Orchid Society hosted an Orchid Show and Sale in the George Preston Arena October 19 - 21, 2012. The Orchid Society invited the Langley Hospice Society to partner in this event and share in the proceeds of the silent auction. Ten Langley Hospice board members and staff were very pleased to be the honored guests at a delicious dinner on the Friday



evening. Thanks to the Langley Hospice volunteers for staffing an information table throughout the event. Diane Gillis of the Fraser Valley Orchid Festival presented a cheque to Sandra Castle, Executive Director of the Langley Hospice Society in the amount of \$901.00.

Autumn Fair at Second Story Treasures



This year's fall changeover event at Second Story Treasures Thrift Store on August 30th was a huge success, with sales of collectibles and jewellery, along with the usual clothing and household items, totaling \$7,165.00, breaking all previous single day records! Many thanks to all of our valuable store volunteers for their extra hard work!



Mark Your Calendar...



Journey Through the Holidays Memorial Service

Langley Hospice Society is offering a celebration of life in the memory of your loved one:

December 6, 2012

7:00pm – 8:30pm ~ registration opens at 6:45pm 20660 – 48th Avenue, Langley

The holiday season can be a challenging time for any of us who have lost a loved one and find it difficult to be joyful at this time of year. We offer a warm evening of commemoration, candle lighting and friendship. As part of our celebration, we will share a slide show - you are invited to provide pictures [either drop-off pictures at our office or email to info@langleyhospice.com (subject: Journey through the Holidays)] of your loved one to be included in it. The photos will be returned to you and a CD copy of the presentation will be available at no cost. Please note the last date to drop-off/email pictures is November 30th, 2012. For more information or to register, please contact Shivani at 604-530-1115 by November 29, 2012.

Celebrate a Life

Every year, Celebrate-A-Life creates an opportunity for people to honour the memory of a loved one who has died by writing their name on an ornament and placing it on one of our Christmas trees in the mall and by writing in the Memory Book. This year, we are looking for volunteers who are willing to "lend an ear" to help out with this event from **December 1**



- December 15, 2012 at Willowbrook Mall, 19705 Fraser Highway, Langley (southeast entrance by Swimwear Etc.)

Shifts available:

Mondays - Saturdays:

9:15am - 1:15pm; 1:15pm - 5:15pm; 5:15pm - 9:15pm **Sundays:** 10:00am - 2:00pm; 2:00pm - 6:00pm

To sign up, please call Denise at (604) 530-1115 or e-mail at denisestation@langleyhospice.com.

Caroling at the Residence

Caroling at the Langley Hospice Residence this year will be held on **Tuesday**, **December 11 at 1:00 pm**. If you're interested in joining in, please contact Fernande at 604-530-1115.



Volunteer Corner



Volunteer Viewpoint: Transitions

Birth or death? There was a birth certainly we had evidence and no doubt.

I had seen birth and death but had thought they were different.

T.S. Eliot, Journey of the Magi

When I was in my childbearing years and having my own babies I became fascinated by the strength, both physically and emotionally, that mothers inherently possess. During my work as a doula (birth assistant) I became aware that some of my fascination was in part due to the miracle of birth, the transition from spirit, or non-existent person, to a person who is now on the path of mortality. Perhaps I was drawn to be a hospice volunteer due to a similar fascination. The journey that a person goes through from an existing individual to spirit or non-existence. Birth and death tie mankind to the unknown.

I have had the opportunity to support women and families in their choices during labour and to be included in their celebration of birth. For that I am extremely grateful. I hope that I can be of some comfort to those who are dying and to their loved ones. It is an honour to be involved with the ones transitioning and everyone involved with the hospice society.

Deborah Morley Hospice Volunteer

Annual Client Volunteer Potluck



Once again our 10th annual summer potluck with the client volunteers was a success. enjoyed a variety of amazing food but most importantly we were in the company wonderful, dedicated volunteers. We are blessed to be involved

with such an amazing group of people!

Feeding Training

We now have 10 more volunteers trained in feeding the patients at the residence. This extra skill from the volunteers provides tremendous support to the nurses, and at the same time companioning our residents during mealtime.



Welcome - New Volunteers

A heartfelt welcome to the following new volunteers:

♥ Second Story Treasures

Nora Baillie Simon Cheung Cherry Huang Aaron Morgan Margaret Smith Susan Westhaver Arlene (Sam) Burnett Kurtis Conlinn Phyllis McBeth Marilyn Peters Margaret R. Smith

Client

Dolly Brook
Dan Siemens
Dian Southwick

Bonnie Kiyon Pat Sloan Randi Ward

Children's Program

Maria Bondarenko Jaclyn Carmichael Leah Gerding Konnor Mitterer Aaron Morgan Joleen Ogonoski Colleen Sheridan Randi Ward Kathleen Cabahug Tanya DeLeon Kimberly Gillis Tearah Mitterer Manjot Munday Wendy Sashikata Natalie Siddall

Sincere Thanks...

↑ The Autumn Fair at Second Story Treasures was a ↑ huge success, thanks to our talented and hard ↑ working Thrift Store volunteers ~ many thanks to ↑ you all!

Many thanks to Thornton Smith, Carmen Hay,

Donna Porter, Donna Hudspeth, Lois Burton and

Janice Scott for helping out with the SilverLife

Fair in October.

And our sincere appreciation also goes out to Lois ★ and George Burton for representing Langley ★ Hospice in the 2012 Dignity Memorial Golf ★ Tournament.

And of course, our heartfelt thanks to all of our dedicated and hardworking volunteers, all year round!

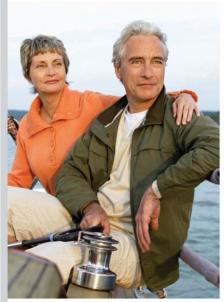
March—October, 2012 Donations Made in Memory of:

Patricia Bell Margaret Bickford Barrie Blatz Lise Bradley-Dupuis Murray Brooks Edith Elizabeth Catto Meg Caverly Lucy Coates Manfred Comes Rose Conde Craig Corboy Jack Daum Frederika deJonge Charlie Dillon Melvin Drews Clara Grant Maxine Gray Lester "Bud" Hamlin Georgina Henderson Bill Ingham Bryan Jackson

Wilfred Jenkins Patsy Juergens Kathleen Kells Michael Klyn Priscilla Kuhn Carolvn Lees Laurie Lemon Larry Lloyd Lawrence Lloyd John Lukas Tom Mansel Maureen McCargar Fave McLeod David McMillan Gerry McPhillamey Ioan Miki Judith Miller Agatha Moeller Michael Morrison George Neilson Margaret O'Reilly

Walter Pidgeon Josephine Pont Aileen Rankin Eva Pearl Rennie Roget Rinet Mildred "Irene" Rombough Douglas Samec Alwyn Simpson Keith Slessor Lois Spier Gisela Steinmetz Debi Stone Gordon Thomson Dave Wallace David Webster George Weir David White Carol Woloschuk Robert Wood William Zemiak

For years they have provided great comfort to families like mine.



For generations, we've served the families of our community. We offer support through the unique benefits that are available as a Dignity Memorial® provider:

- National Transferability
- 24-Hour Compassion Helpline[®]
- Bereavement Travel Program
- 100% Service Guarantee

To learn more, please call us at 604.530.6488.

HENDERSON'S LANGLEY FUNERAL HOME 20786 Fraser Highway, Langley, BC V3A 4G6 604.530.6488



BOARD OF DIRECTORS

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Denise Station

Administrative Services Wendy Vetsch

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Assistant Managers
Deborah Campbell
Kathy Sawatzky



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